Concordia UNIVERSITY

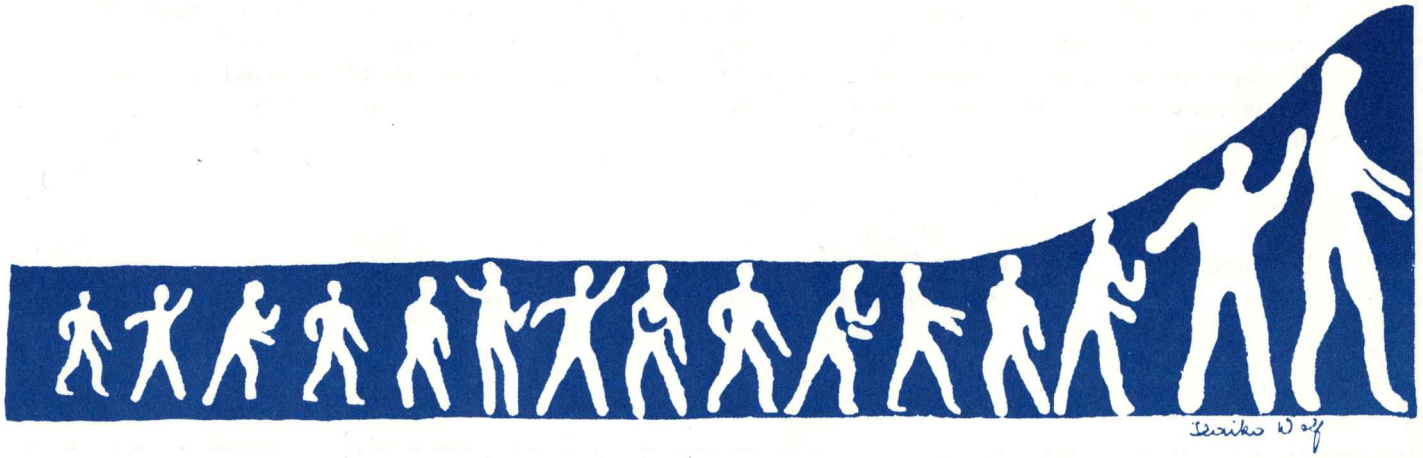
LACOLLE CENTRE

FOR EDUCATIONAL INNOVATION

Personal and Professional Development

Workshops

Fall 1989



TRANSFORMATIVE THEATER: A CREATIVITY WORKSHOP FOR WOMEN

This experiential workshop provides fertile ground for exploring women's root creativity. At the centre of workshop activity are creative projects developed by each participant, drawing on images and theses from her imaginative and everyday experience. Material culled from personal sources (journals, dreams, family history, ancestry) and from daily life (relationships, work, politics, the kitchen sink) may find resonance through a variety of expressive modes: storytelling, writing, group improvisation, choral pieces, creating environment, mask–making, movement, dance, ritual play. By giving voice to the small, the subtle, the everyday, we are informed and empowered by our creations. Transformative Theater Workshops have served writers, artists, performers, educators, psychotherapists, public speakers and others. No previous theater experience is necessary to participate. **This workshop is limited to 8 participants. The group meets for three hours, once a week, for eight weeks.**

Workshop Leader: Ann Scofield is a stage director and teacher who has facilitated women's creativity groups since 1979. She is the founder of Transformative Theater and has offered her creative workshop series in Santa Fe, New York City, Nicaragua and, most recently, in Vermont where she has been a faculty member at Goddard College and Burlington College.

Dates: Every Thursday, October 5 – November 23, 1989.
Time: 6:30 – 9:30 p.m.
Location: Loyola Campus, Room to be announced
Fee: $180.00

DEVELOPING THINKING SKILLS

This workshop is based on the work of Dr. Edward de Bono of Cambridge University on the development of thinking skills. His Cognitive Research Trust (CoRT) has developed what is now the largest curriculum program in the world for the direct teaching of thinking and creativity. The workshop is designed to introduce the basic aims and teaching methods of the CoRT program. It will investigate such concepts as: treatment of ideas, considering all factors, considering consequences, thinking about alternatives and other people's viewpoints. This workshop is for educators at all levels and anyone interested in improving their thinking and problem solving skills.

Workshop Leader: Fred Rosensweig is a management and educational trainer and consultant. He is currently a faculty member at Dawson College. He has studied with Dr. Edward de Bono and has developed highly successful seminars in thinking skills and creativity in management and Education. He is director of the Institute for Thinking Development, an international consulting and training organization.

Date: Saturday, October 14, 1989.
Time: 9:30 – 4:00 p.m.
Location: Sir George Williams Campus, Room to be announced
Fee: $50.00 ($45.00 for Full–time Students and Seniors)

A GET AWAY WEEKEND AT LACOLLE

This workshop will give you the opportunity to take some "time out" to assess your present level of well–being and to try some new approaches to stress management through participation in a variety of techniques and workshops of your choice. These will include: reflexology, aromatherapy, progressive relaxation, breathing techniques, massage, and Tai Chi. An important aspect of the weekend will be enjoyment of the natural surroundings of the Lacolle Centre as well as the chance to socialize and exchange ideas through small group discussion and informal activities. Participants will leave with a personalized action plan and a variety of ways to better manage stress and maintain a high level of well–being.

Workshop Leaders:

Kathryn McMorrow has a Master of Arts in Teaching and a Master of Arts in Clinical Psychology. She has her own business, Innovation Seminars, and gives workshops on stress management, leadership skills, and adapting to change in business, educational and social service settings.

Gretta Hashemi is a certified reflexologist and a natural health counsellor. She has a Master of Arts in the History and Philosophy of Religion from Concordia University.

Date: October 21–22, 1989.
Time: 7:00 p.m. Friday, Oct. 20 – 3:00 p.m. Sunday, Oct. 22.
Location: Lacolle Facility, Lacolle, Que. (transportation will be arranged)
Fee: $125.00 (includes accommodation and meals)

LEADERS ARE MADE, NOT BORN

The morale and the efficiency of an organization is not built from the bottom up, rather it filters from the top down. As the complexity of our organizations increases we, as individuals, can no longer afford to be recipients and spectators. We often need to take on leadership roles in the milieux we find ourselves in – academic, business or community. This workshop will provide the advice on how to be the very best kind of leader: to be true to oneself, to truly listen, and to inspire other persons to become their own leaders. The workshop will focus on specific leadership skills and on issues leaders often confront. Topics to be covered include: What is personal risk and why is it important; how do you become an effective leader; what is responsible leadership; leadership seen from three perspectives: trait, functional and situational; How do you get your group to work; empowering others with problem–solving and decision–making skills; good planning of events; the importance of communication skills.

Workshop Leader: Vivienne Silver holds an M.A. degree from the Department of Administration and Policy Studies, McGill University. She is presently pursuing her interests in the field of Management Studies. Through her own Human Development Consulting firm, she specializes in the creation and delivery of training seminars for academic, corporate and community settings.

Date: Saturday, October 28, 1989.
Time: 9:30 – 4:00 p.m.
Location: Sir George Williams Campus, Room to be announced
Fee: $50.00 ($45.00 Full–time Students and Seniors)

FINANCIAL FACTS OF LIFE

Like most people, do you have trouble saving money? Do you make budgets and then throw them out because you can't stick to them? Do you know your goals and priorities for the next ten years? These are the kinds of questions addressed in this workshop. Other topics include: reasons to save and how much should you save; how to distribute your investment eggs into the right baskets; types of life insurance; importance of wills; interest rates, inflation and purchasing power; how our beliefs, values and myths affect our buying habits; how to achieve financial independence; how to get rich slow, and more. Emphasis will be on families and the special concerns and needs of women as they try to balance the many conflicting demands of modern–day living. You are promised a practical approach, a minimum of financial jargon and a maximum of uncommon common sense.

Workshop Leader: Mary Meyers obtained a Masters degree in Adult Education from McGill University. Now a licensed life underwriter, she does lectures, workshops and presentations as well as individual analyses and counselling in the area of personal financing planning. She has conducted workshops for the Jewish General and Shriner's Hospitals, The Association of Family Life Educators of Quebec, graduating physiotherapists at the Royal Victoria Hospital and United Management Nurses.

Date: Saturday, November 4, 1989.
Time: 9:30 – 4:00 p.m.
Location: Sir George Williams Campus, Room to be announced
Fee: $50.00 ($45.00 Full–time Students and Seniors)

CREATIVE THINKING AND PROBLEM SOLVING

This workshop is designed to sensitize participants to some of the major blocks to creative thinking as well as provide them with concrete strategies with which to overcome these blocks. Participants will become familiar with some of the major approaches to the development of creative thinking and will experience a number of group and individual techniques that have proven effective in producing fresh and innovative ideas in a wide range of fields. This workshop is intended for those interested in generating and implementing new ideas and helping others to do so.

Workshop Leaders:

Olivia Rovinescu (M.A., Philosophy of Education, McGill University) is the Director of the Lacolle Centre for Educational Innovation, Concordia University. She also teaches at McGill University and College Marie Victorin. She has co–authored three books and is currently writing another book on Critical Thinking.

Clifton Ruggles (B.Ed., McGill University, M.A. candidate in Art Education, Concordia University) has been teaching for 11 years for the Protestant School board of Greater Montreal. He teaches art at Options High School and is himself an exhibited artist and photographer. Along with Olivia he has co–authored three books. He is also Editor of the Sentinel.

Date: Friday, November 10, 1989.
Time: 9:30 – 4:00
Location: Loyola Campus, Room to be announced
Fee: $50.00 ($45.00 Full–time Students and Seniors)

ADAPTING TO CHANGE

A workshop designed to increase your understanding of the stages involved in the process of change and to enhance your ability to adapt and facilitate change both at work and in your personal life. You will have the opportunity to assess your own attitude to change and learn how to deal with resistance to change in yourself and others. You will learn the physiological and psychological effects of change and loss, and will acquire techniques for using your creativity to make change a positive experience.

Workshop Leader: Kathryn McMorrow has worked and given seminars in Canada and the United States. With an M.A. in Teaching and an M.A. in Clinical Psychology, she brings a dual understanding to the process of adapting to change, releasing potential and moving in new directions. She has shared her expertise with business people, educators and health care professionals, both on an individual and group basis, to those who are interested in meeting challenges and making changes in their lives.

Date: Saturday, November 11, 1989.
Time: 9:30 – 4:00 p.m.
Location: Sir George Williams Campus, Room to be announced
Fee: $50.00 ($45.00 Full–time Students and Seniors)

CONTROLLING TIME: A MYTH OR REALITY?

Do you sometimes feel you need hours to do everything you want to accomplish? At the end of certain days, do you sometimes have the feeling you haven't accomplished everything? Wouldn't you like to have more time? If you have answered yes to any of these questions, you will be interested in attending this seminar where you will learn to set realistic objectives, to plan and organize your numerous activities and to discover the means to find extra time. You will learn about having control and how to become more efficient both at work and home.

Workshop Leader: Helene Deserres, training consultant, president of CREATIVITE ILLIMITEE in Montreal, is a graduate of Loyola College. She specializes in human relations, customer service, communication skills and creativity. Her vast experience with the public as real estate agent, as client service representative, as owner of a retail store and as customer service director in a large firm in Montreal, provide her the practical knowledge she shares in her workshops.

Date: Friday, November 24, 1989.
Time: 9:30 – 4:00 p.m.
Location: Sir George Williams Campus, Room to be announced
Fee: $50.00 ($45.00 Full–time Students and Seniors)

CAREER AND LIFE PLANNING

This is an experiential workshop which will provide a learning environment for participants. Activities will assist persons to analyze themselves in order to develop a more positive self–image. The self–assessment process includes identification of occupational interests, preferred skills, personality traits, the clarification of values, the development of a more positive self–image and the setting of short and long term career and personal goals. Individuals will be encouraged to organize and act upon the information and resources gathered to formulate realistic and satisfactory occupational and career choices.

Workshop Leader: Priscilla Kredl, Ph.D. is a counsellor at the office of Guidance Services at Concordia University. For the past ten years she has designed and led programs for staff and students at Concordia University. Other seminars include: Assertiveness Training, Job Search, Time Management and How to Communicate Effectively in Business.

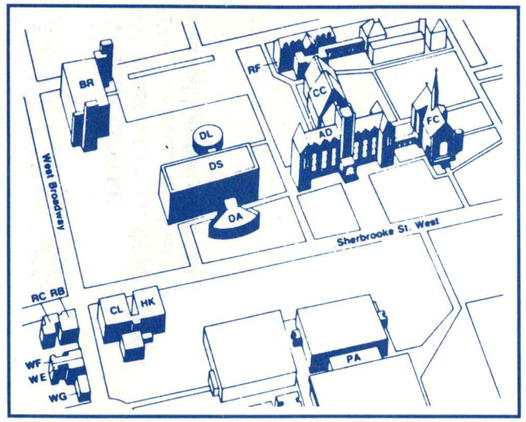
Date:	Saturday, November 25, 1989.
Time:	9:30 – 4:00 p.m.
Location:	Sir George Williams Campus, Room to be announced
Fee:	$50.00 ($45.00 Full–time Students and Seniors)

PUPIL PRODUCED EDUCATIONAL MEDIA

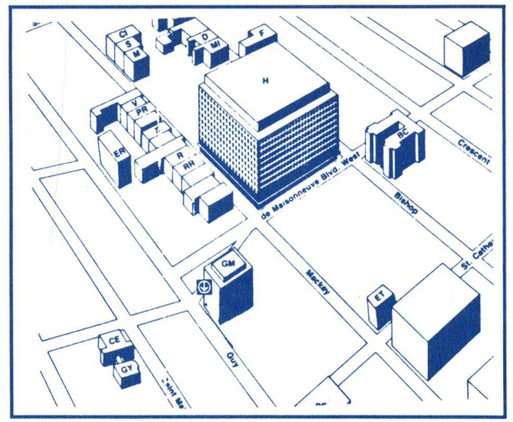
This two–part workshop aims to introduce a new design of learning through pupil production of simple educational media materials. This workshop is designed on the belief that "hands on" methods in teaching result in increased level of motivation and enjoyment; consequently it promotes successful learning. Preparing these materials ensures a two–way communication where the learner is not only receiving but sending messages as well. This usually results in improved self–concept and communication especially for those who were not successful in communicating through the traditional methods. This workshop will be of interest to those who consider motivation the key to learning, who believe in the creativity of their learners and who have no budget for expensive material. It is essential that participants have access to at least 5–10 pupils with whom to try the techniques being taught. The second workshop will serve as a follow–up or feedback session. It will enable participants to share experiences and the results of students' productions.

Workshop Leader: Maritza Berger is a teacher at Hampstead School. She has several years of experience training students and teachers to produce educational media integrated with the curriculum. She has taught a course at McGill University on Media Curriculum and Instruction. The results of her extensive research on 'The Motivational Effect of Student Productions' was published in her M.A. Thesis at Concordia University.

Date:	Tuesday, November 28, 1989 and Tuesday, March 13, 1990.
Time:	9:30 – 4:00 p.m.
Location:	Loyola Campus, Room to be announced
Fee:	$80.00



Loyola Campus



Sir George Williams Campus

(Front cover graphic: Ildiko Wolf)

REGISTRATION PROCEDURES:

1. A separate registration form must be completed for each workshop. (Please photocopy the form below.)
2. Make your cheque payable to **Lacolle Centre, Concordia University** and return with registration to: 7141 Sherbrooke St. West, Montreal, Quebec H4B 1R6.
3. Internal candidates: if applicable, fill out departmental budget code and authorized signature.
4. Refund policy is as follows: full refund up until 2 weeks before workshop; $15.00 charge for cancellation within the last 2 weeks; no refund as of 2 days before workshop.

FOR FURTHER INFORMATION CALL: 848–4955.

REGISTRATION FORM

Title of Workshop: _____ **Date:** _____

Participant's Name: _____

Address: _____

Postal Code: _____ **Telephone: (Home)** _____ **(Work):** _____

Institutional Affiliation and Position: _____

Internal Participants

Budget Code: _____ **Authorized Signature:** _____